

Problem Solving through Theatre: Learning 21st Century Skills via the Dramatic Arts 6-12

*Developed by San Diego County Office of Education, Old Globe Theatre, and
La Jolla Playhouse*



HANDOUT

Content:

Title:

Handout #:

Tongue twisters – second consonants are what you are listening for!

Tongue Twister Fun!

Betty Bought a Bit of Butter, (but it made her batter bitter, so she bought a better butter, now her batter isn't bitter, or whatever variation you know).

Three Free Thugs Set Three Thugs Free

A flea and a fly in a flu (said the flea, what shall we do? Said the fly, let us flee!, Said the flea, let us fly! So they flew through the flaw in the flu.)

Rubber Baby Buggy bumpers
Red leather yellow leather.

Pete Popped Popcorn (make sure you hear the D in popped).

Unique New York.

Practical uses: Students can take ANY words they are using in their speeches and work on them from this articulation point of view Both simple words and challenges. For example: Volcano

V V V

Vol Vol

Kay Kay Kay

VolKay VolKay

No No NO! ... Volcano

Physical:

Stand up straight!

Body warm up and stretches, include balance

Define a neutral stance

Feet under hips (not together or really wide), hands at sides. If holding a paper, down and a little forward, so that the audience can see the face.

Practice this among other positions.

Body games to use:

Simon Says

Dance Freeze (with or without music – ipod concept)

Emotional statues (include confident = exaggerated, and ready to give a speech = neutral)