HANDOUT Title: **UDL Progression Rubric Page 3** Handout #: **12c**

Content:

Provide multiple means of
Engagement

	Emerging	Proficient	Progressing Toward Expert Practice
Provide options for self-regulation (9)			
Promote expectations and beliefs that optimize motivation (9.1)	Teach students about the power of perseverance and use language and feedback that will allow all students to see themselves as capable learners.	Foster conversations with students to develop relationships and make authentic connections and use their personal passions and interests to help inspire them and push them toward success.	Create a classroom culture where students are empowered and able to support their own self-talk and support one another's positive attitudes toward learning.
Facilitate personal coping skills and strategies (9.2)	Offer reminders, models, and tools, to assist learners in managing and directing their emotional responses. For example, use stories or simulations to demonstrate coping skills. Offer options for stress release such as alternate seating, fidget tools, mindfulness breaks, etc.	Empower students to deal with difficult challenges by allowing them to choose from multiple strategies to regulate their learning (e.g., a relaxation corner, put on headphones, take a walk).	Encourage students to self-reflect, accurately interpret their feelings, and use appropriate coping strategies and skills to foster learning for themselves and their classmates.
Develop self-assessment and reflection (9.3)	Provide students with tools so they are reflecting on their learning through rubrics, self-assessment, etc.	Offer multiple models and scaffolds of different self-assessment techniques so students can identify and choose ones that are optimal. For example, these might include ways to collect, measure, and display data from their own behavior and academic performance for the purpose of monitoring growth.	Create a culture where students consistently reflect on the learning process and assessments so they become self-directed learners who grow over time.