



3-5 LESSON 5

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RESOURCES

- Pre-assessment
 - Link to recording of this song.
 - Flag of Ireland
 - “Rólaí Pólaí”
 - Words (“Module 19, Grades 3-5, Lesson Resources” slides)
 - “Module 19, Grades 3-5, Warm-Up” tutorial video
- Musical Exploration
 - “Module 19, Grades 3-5, Bog Down in the Valley” tutorial video and “Lesson Resources” slides
- Cultural Exploration
 - “Module 19, Grades 3-5, Irish Folk Dance” tutorial video
 - “Jiggin’ Around the Cork” (video) – goo.gl/vYCH4x

STANDARDS

2.1 Creative Expression

Sing with accuracy in a developmentally appropriate range.

3.2 Historical and Cultural Context

Sing and play simple singing games from various cultures.

3.3 Historical and Cultural Context

Describe music from various cultures.

4.1 Aesthetic Valuing

Create movements to music that reflect focused listening.

OUTCOMES

Students will . . .

- Learn and speak several basic words in the Irish Language.
- Learn to play and sing in time to a traditional Irish Folk song.
- Learn and perform a traditional Irish Social (Céili) Dance.

3-5 LESSON 5

PRE-ASSESSMENT

5 mins

NOTE: To see this activity in action, watch the “Module 19, Grades 3-5, Warm-Up” tutorial video

1. Ask students if they know where Ireland is located? Have any of them visited Ireland before?
2. Ask students what languages are spoken in Ireland?
3. Teach the students the words and movements for “Rolaí Polaí” (video and Lesson Resources slides)
 - a. Suas = Up
 - b. Sius = Down
 - c. Amach = Out
 - d. Isteach = In
4. Have students perform “Rolaí Polaí,” increasing the **TEMPO** each time the chant is repeated.

MUSICAL EXPLORATION

10 mins

NOTE: To see this activity in action, watch the “Module 19, Grades 3-5, Bog Down in the Valley” tutorial video

1. Teach the students the words and the structure of the traditional Irish folk song, “The Bog Down in the Valley!”
2. Have students use frame drums or classroom instruments to keep the beat with the song “The Bog Down in the Valley!”
 - a. Note that the song speeds up at each new verse!
3. Sing and play drum/classroom instrument simultaneously, changing tempo to build excitement and keep energy high.
4. For variety and a bit of a challenge, have students play 3 drum hits every time they sing the words “rattlin’ bog” and “valley-O”

CULTURAL EXPLORATION

10 mins

NOTE: To see this activity in action, watch the “Module 19, Grades 3-5, Irish Folk Dance” tutorial video

1. Teach students the building blocks of Irish Social (Céili) Dancing (see video)
 - a. One-Two-Tree (Three), Two-Two-Tree (Forward & Back)
 - b. Tractor - Trailer (In & Out)
 - c. The Swing (optional)
2. After students have been introduced to the basics, have them put them together with the song, “Jiggin’ Around the Cork”
 - a. DANCE ORDER:
 - i. Forward, Forward, Back, Back
 - ii. Forward, Forward, Back, Back
 - iii. Tractor-Trailer IN
 - iv. One-Two-Tree, Two-Two-Tree
 - v. Tractor-Trailer OUT
 - vi. Turn Around - opposite direction

- vii. Forward for 8 counts
- viii. REPEAT THE ENTIRE PROCESS
- 3. Continue to dance for as little or as much time as the students are engaged and your setting allows!
- 4. HAVE FUN!!!

REFLECTION

3 mins

1. Questions for Pair-Share with dance partners:
 - a. Does your family do any type of dancing together? If so, where do they dance? If not, what events have you seen people dancing?
 - b. How is Irish Céili Dancing similar to the types of dancing you have seen or been a part of? How is it different?
 - c. What was your favorite part of today's lesson in Irish Music and Culture?