

Coloring Outside the Lines:

Wellness Art for a Happy Heart!



October 24, 2023 or April 23, 2024

4:00pm—6:00pm

Teachers of TK-12th Grades



Presenter: Amy Bultena,
Director of The Arts

When: October 24, 2023 or April 23, 2024

Time: 4:00pm—6:00pm

Where: **Virtual**— Participants will be emailed a zoom link one week, and 24 hours prior to the virtual workshop.

Grades: TK— 12th

Cost: \$40.00/Teacher

Make checks to: Stanislaus County Office of Education

Choose one to register:

October: <http://ccsesaarts.k12oms.org/411-239336>

April: <http://ccsesaarts.k12oms.org/411-239338>

Deadline to Register: One week before workshop

ALL cancellations received after the Wednesday before the workshop, as well as No Shows, will be billed the FULL Registration Fee

Contact Information:

Yvette Mauricio
Event Planning Technician
(209) 238-1340

Get ready to unleash the power of your creativity in this fun-filled, hands-on, transformative session that focuses on YOU! Explore the science-backed, emotional value of artmaking and witness how it helps you express yourself, feel better, reduce stress, and connect to others. You'll discover how art experience and/or ability isn't necessary to easily and meaningfully incorporate artmaking into your daily practice.

Materials needed

Participants will need access to white paper and colored drawing objects of their choice (crayons, markers, etc.)

Region 6 - Delta Sierra

Amador County Calaveras County San Joaquin County Stanislaus County Tuolumne County

