



PRESENTATION TEMPLATE

Creative Health and Wellbeing through Visual Art: A Social-Emotional Approach to Learning

Outcomes	Grades	Audience
The intention of this module is to increase educator and administrator self-confidence and efficacy in the support of their own creative health and well being, and in doing-so increase their ability to develop and support the creative health and well being of their students.	Universal Pre-Kindergarten, Transitional Kindergarten, Kindergarten, 1st Grade, 2nd Grade, 3rd Grade, 4th Grade, 5th Grade, 6th Grade, 7th Grade, 8th Grade, 9th Grade, 10th Grade, 11th Grade, 12th Grade	Professional development facilitators, general education teachers, visual art teachers, and administrators

See following pages for outlines for each part of Module 26.

Time	Content	Presentation Methods	Participant Activities	Reflection, Assessment, Evaluation	Support Materials	Arts Standards	Outcomes
3 hours	Part I - Professional Development (slide deck) Unpacking Creative Health, SEL, and Visual Art for Facilitators and Educators	Part I slide deck Hand-on activities	Introduction Safe Space Activity Social-Emotional Learning Foundations Creative Health Definition Visual Art and Mental Health Trauma-Informed Art Strategies Studio Habits of Mind Tips for Talking About Visual Art Next Steps Closing Activity	Participants are asked to reflect on the presentation and discuss next steps as part of the closing activity	N/A	DRDP VPA 1 Visual Art, PK.VA:Cr1.2, PK.VA:Cr2.1, K.VA:Cr1.1, K.VA:Cr2.1, 1.VA:Cr2.1, 2.VA:Cr2.1, 3.VA:Cr2.1, 4.VA:Cr2.1, 5.VA:Cr2.1, 6.VA:Cr2.1, 7.VA:Cr2.1, 8.VA:Cr2.1, Prof.VA:Cr1.2, Prof.VA:Cr2.1	The intended outcome of this module is to increase educator and administrator self-confidence and efficacy in the support of their own creative health and well being, and in doing-so increase their ability to develop and support the creative health and well being of their students.

Time	Content	Presentation Methods	Participant Activities	Reflection, Assessment, Evaluation	Support Materials	Arts Standards	Outcomes
1 hour, 55 mins	Educator Project: Mandala for Self Discovery	Slide deck	Create a personal mandala.	Critique asking the participants to reflect on what they created and how it makes them feel.	Pencil, paper, collage materials, scissors, glue	N/A	Participants create an art project that supports their SEL.
1 hour, 25 mins	Grades UPK, TK, K Project: Emotions Line Painting	Slide deck	Through experimentation and exploration, students explore emotions and demonstrate understanding of line through the creation of a line painting.	Critique asking the participants to reflect on what they created and how it makes them feel.	12 x 18 white paper Tempera paint Paint brushes Black markers	Self-Awareness Self-Management Responsible Decision Making DRDP VPA 1 Visual Art, PK.VA:Cr1.2, PK.VA:Cr2.1, K.VA:Cr1.1, K.VA:Cr2.1	Participants create an art project that supports their SEL.
1 hour, 15 mins	Grades UPK, TK, K Project: Marble Mandala	Slide deck	Alone or in pairs, students create process-based artworks using sensory skills and tools alongside	Critique asking the participants to reflect on what they created and how it makes them feel.	White paper Cardboard lids Chopsticks Marbles Red, yellow, & blue liquid paint	Self-Awareness Self-Management Relationship Skills DRDP VPA 1 Visual Art,	Participants create an art project that supports their SEL.

			choice making based on self-awareness, self management, and relationship skills.			PK.VA:Cr1.2, PK.VA:Cr2.1, K.VA:Cr1.1, K.VA:Cr2.1	
2 hours, 20 mins	Grades 1-2 Project: Monster Emotions	Slide deck	Create a monster that depicts an emotion as shown through facial expression and use of color.	Critique asking the participants to reflect on what they created and how it makes them feel.	White cardstock Pencil Tempera paint Paint brushes Glue Marker	Self-Awareness Self-Management 1.VA:Cr2.1, 2.VA:Cr2.1	Participants create an art project that supports their SEL.
2 hours, 25 mins	Grades 1-2 Project: Positive Word Portraits	Slide deck	Create a self-portrait in profile that uses positive, descriptive language about the self.	Critique asking the participants to reflect on what they created and how it makes them feel.	White cardstock Construction paper Black marker Watercolor Paint brushes Glue Scissors crayons	Self-Awareness 1.VA:Cr2.1, 2.VA:Cr2.1	Participants create an art project that supports their SEL.
2 hours, 25 mins	Grades 3-5 Project: Fauvist Self-Portrait	Slide deck	Create a fauvist self-portrait depicting an emotion.	Critique asking the participants to reflect on what they created and how it makes them feel.	White cardstock Tempera sticks Colored pencils	Self-Awareness Self-Management 3.VA:Cr2.1. 4.VA:Cr2.1, 5.VA:Cr2.1	Participants create an art project that supports their SEL.

1 hour, 55 mins	Grades 3-5 Project: Worry Monsters	Slide deck	Create a worry monster that helps “gobble” up student worries.	Critique asking the participants to reflect on what they created and how it makes them feel.	White cardstock Black marker Colored markers	Self-Awareness Self-Management 3.VA:Cr2.1, 4.VA:Cr2.1, 5.VA:Cr2.1	Participants create an art project that supports their SEL.
2 hours, 5 mins	Grades 6-8 Project: Fragmented Icons	Slide deck	Create a torn-paper collage about a person you admire.	Critique asking the participants to reflect on what they created and how it makes them feel.	Black paper Copy paper Glue sticks Drawing tools	Self-Awareness Self-Management Social Awareness 6.VA:Cr2.1, 7.VA:Cr2.1, 8.VA:Cr2.1	Participants create an art project that supports their SEL.
1 hour, 55 mins	Grades 6-8 Project: My Story Mandala	Slide deck	Create a mandala that expresses a story about the self using only shapes, lines, and color.	Critique asking the participants to reflect on what they created and how it makes them feel.	8 inch diameter cake round Colored markers Rulers Color Meaning Handout Shape Meaning Handout	Self-Awareness Self-Management 6.VA:Cr2.1, 7.VA:Cr2.1, 8.VA:Cr2.1	Participants create an art project that supports their SEL.
3 hours, 45 mins	Grades 9-12 Project: Museum of Me Unfolding Book	Slide deck	Create a three-square unfolding artist book. The book will have a minimum of four inserts. As the book unfolds	Critique asking the participants to reflect on what they created and how it makes them feel.	Square paper in various colors Glue Scrap paper Assorted artmaking materials	Self-Awareness Self-Management Prof.VA:Cr1.2, Prof.VA:Cr2.1	Participants create an art project that supports their SEL.

			students will add art about their place in the world, their identity, and their feelings.				
2 hours, 20 mins	Grades 9-12 Project: My Color and Shape Journey	Slide deck	Create an abstract artwork depicting a life journey through the use of shape, line, and color.	Critique asking the participants to reflect on what they created and how it makes them feel.	Scratch paper Large white paper Black markers Paint brushes Watercolor Color meaning handout Shape meaning handout	Self-Awareness Self-Management Social Awareness Prof.VA:Cr1.2, Prof.VA:Cr2.1	Participants create an art project that supports their SEL.